

Share your Passion Reflection

Have a couple cabin members/family members read the quotes below aloud!

"Passion is energy. Feel the power that comes from focusing on what excites you."

-Oprah Winfrey

Just as a candle cannot live without fire, men cannot live without a spiritual fire." -Buddha

"There is no passion to be found playing small--in settling for a life that is less than the one you are capable of living."

-Nelson Mandela

"Set your life on fire. Seek those who fan your flames" -Rumi

"I have no special talents. I am only passionately curious." - Albert Einstein

Cut out your fire emoji (or draw your own) and write your name as large as possible across the middle.

On each flame tip:

1. One of your passions, something you strive for daily, and care a lot about. Can be a hobby or state of mind!
2. Someone who fans your flames: a person who inspires you to follow your passions or supports you
3. Spiritual fire: something that you do for yourself to stay on track and keep sight of your passions, or a practice you want to develop in order to reach your goals

Share as you are comfortable, and hang your flame somewhere to remind you of your passions!

