

For Nearly 100 Years

WeHaKee  
CAMP FOR GIRLS



# Group Camp Guide

**Sept. 1<sup>st</sup> – May 31<sup>st</sup>**

- Administrative Office -

715 28th Street, South  
La Crosse, Wisconsin 54601 USA  
1-800-582-2267

Internationally: 001-608-787-8304

**June 1<sup>st</sup> – August 31<sup>st</sup>**

- WeHaKee Camp for Girls -

N8104 Barker Lake Road  
Winter, Wisconsin 54896 USA  
1-800-582-2267

Internationally: 001-715-266-3263



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# "At the Heart of WeHaKee is Relationship"

## Dear WeHaKee Family,

Thank you and congratulations - Your group is now registered for WeHaKee Group Camp this summer. Thank you for choosing Camp WeHaKee! Now is the time to begin the preparations for your WeHaKee experience. This guide is designed to assist you; we hope you find it useful and helpful. You should have already received an email message with a link to the following forms:

### Acceptance/Release & Health Form

(Please complete & return one for each participating member of your group)

*\* Please read the entire WeHaKee Group Camp Guide and discuss with the members of your group prior to signing. Signing this form signifies you and your group member's informed understanding and acceptance of the policies and expectations of Camp WeHaKee.*

Please contact our Administrative Office if you would prefer to have copies of all of the necessary Group Camp forms mailed or faxed to you. **Please return these completed forms and final payment no later than July 15th.** We're thrilled to welcome you and your group and hope you all have great fun on the shores of Hunter Lake!

If you have any questions or concerns at anytime, you are always welcome to contact us – we would love to speak with you!

Thank you again and have a wonderful day!

Maggie and Bob Braun  
WeHaKee Directors



## Contacting Us At WeHaKee

Connect with us year-round at 1-800-582-2267 or [Info@WeHaKeeCampforGirls.com](mailto:Info@WeHaKeeCampforGirls.com)

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# What to Bring to Camp

## Important Items:

Most items are per participant.

Label all belongings with participant's name to make it easier for us to reunite lost & misplaced items with their rightful owners!

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Shorts                | <input type="checkbox"/> Pillow                                      | <input type="checkbox"/> Flashlight  |
| <input type="checkbox"/> Jeans/pants           | <input type="checkbox"/> Towels & wash clothes                       | <input type="checkbox"/> Sunscreen   |
| <input type="checkbox"/> Shirts/tanks          | <input type="checkbox"/> Beach towels                                | <input type="checkbox"/> Bug repellent ( <i>non-aerosol</i> )                                      |
| <input type="checkbox"/> Long-sleeve shirt     | <input type="checkbox"/> Shampoo & Soap                              | <input type="checkbox"/> Camera  |
| <input type="checkbox"/> Sweatshirts           | <input type="checkbox"/> Comb/Brush                                  | <input type="checkbox"/> Books   |
| <input type="checkbox"/> Underwear & Socks     | <input type="checkbox"/> Toothbrush & toothpaste                     | <input type="checkbox"/> Stuffed animals   |
| <input type="checkbox"/> Athletic shoes        | <input type="checkbox"/> Deodorant                                   | <input type="checkbox"/> Raincoat  |
| <input type="checkbox"/> Water shoes*          | <input type="checkbox"/> Hat   | <input type="checkbox"/> 3-5 reusable/washable<br>face masks ( <i>minimum<br/>2-layer fabric</i> ) |
| <input type="checkbox"/> Hoodie or jacket      | <input type="checkbox"/> Sunglasses                                  |  |
| <input type="checkbox"/> Pajamas               | <input type="checkbox"/> Extra eye glasses/Contacts                  |  |
| <input type="checkbox"/> Sandals or flip-flops | <input type="checkbox"/> Sleeping bag or blanket<br>& twin sheet set |  |
| <input type="checkbox"/> Swimsuits             |  |  |

\* Crocs or flip-flops do not work well as water shoes as they tend to slip off during water activities.

## Sorry – Please Do Not Bring!

We ask that all participants refrain from bringing any items listed below to ensure a safe, healthy, and welcoming camp environment.

- Personal boats, jet skis, power boats, and watercraft
- Hazardous sports equipment (archery items, etc.)
- Pets or animals

For the safety of everyone at WeHaKee, please understand that the use, possession, or knowledge of the following items on camp or while participating in camp related events, activities, or trips will be grounds for immediate removal from camp (at participant's expense):

- Any alcoholic beverages
- Any tobacco products or e-cigarettes (there is no smoking or vaping at camp)
- Illegal drugs, narcotics, or hallucinogenic items
- Drug paraphernalia
- Gun, knives, or other weapons (including hunting & pocket knives)
- Other items that may significantly threaten the community's safety

# Arriving & Departing

## Arrival Day

Please plan to arrive at camp at 3:00pm and 4:00pm. Please contact Camp WeHaKee immediately if you are unable to arrive during this time.

Upon arrival, our staff will greet you and instruct you where to safely park & unload.

## Departure Day

Please plan to depart after our breakfast together between 9:30am and 10:30am.

You can find directions to camp on our website ([www.WeHaKeeCampforGirls.com](http://www.WeHaKeeCampforGirls.com)) or contact us anytime!

# Communication at & Beyond Camp

## Incoming Mail

Please address letters and packages in the following manner:

Name  
Camp WeHaKee  
N8104 Barker Lake Rd.  
Winter, WI 54896, USA

## WeHaKee Phone Use

With the permission of the camp directors, use of WeHaKee phones is limited to urgent or emergency calls.

## Group Camp Participant Cell Phone Use

Cell phones are allowed at Group Camp. However, we are very intentional in creating a community environment during Group Camp and cell phone use tends to diminish the community feel. With that in mind, we ask that cell phones not be taken to or used at meals, activities, or other camp community events & gatherings. We also ask that cell phones be used discretely and in private areas such as your cabin. It is important to note that cell phone coverage in our area is spotty to non-existent, depending on your provider.

# Health & Safety at Camp

Camp WeHaKee has a fully equipped Health Center (the BandAid!). The majority of our camp staff are certified in First Aid and CPR. We are approximately 30 minutes from clinic and emergency room care in both Hayward and Ladysmith, Wisconsin and we are served by paramedics, first responders, and ambulance units from throughout Sawyer County, Wisconsin.

If you require medical attention beyond the care available at WeHaKee, our staff can provide guidance, assistance, and directions to the nearest medical facility & services.

## Medications

All medications must be stored safely and securely within your cabin or vehicle and out of the reach of children.

## Communicable Disease Policy

Camp WeHaKee recognizes the unique risks and challenges that communicable diseases present to our camp community. In response to these risks and challenges, we have a Communicable Disease Plan in place that outlines Prevention, Response, Recovery, and Mitigation policies and procedures to lower the impact of a communicable disease on the WeHaKee community. In order to remain effective policies and procedures are subject to change depending on the rate of transmission, severity of symptoms, and availability of treatment for a disease.

## Prevention

- WeHaKee Camp for Girls expects that all individuals arrive at camp healthy. If any individual is showing signs of a communicable disease, we ask they receive medical attention from a medical professional before arriving to camp. WeHaKee Camp for Girls reserves the right to not admit an individual until healthy.
- Pre-Screening (before arrival); Initial Screening (upon arrival); Ongoing Screening (to monitor for the presence of communicable disease)
- Prevention Spread through frequent and thorough hand-washing and use of hand sanitizer, physical distancing, and masking when it is necessary
- Cleaning & Disinfection of high use surfaces and areas, Training of Staff & Participants on preventing spread and illness reducing strategies, cleaning and disinfection, and their role in the response plan to cases.

## Response

- In the event of a suspected case of a communicable disease in the camp community, steps are in place to determine if a communicable disease is present, to isolate and care for those infected and exposed, to seek assistance from local health departments/clinics as needed, and to communicate with families and other camp community members.

# Immunization Expectations

Because our camp community has the potential for the presence of communicable diseases, all program participants are REQUIRED to be vaccinated in accordance with the appropriate Center for Disease Control and Prevention (CDC) Recommended Immunization Schedules for those ages 18 years or younger (<https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>) or 19 years or older (<https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html#vacc-adult>). Only medical exemptions to our immunization requirement will be considered. Official written documentation signed by an appropriately licensed medical professional is required for exemption consideration.

## Candy & Food

Bringing candy, beverages and/or other food items is not necessary as all participants will, in addition to their regular daily meals, have access to beverages, and snacks at our Trading Post. We do discourage keeping edible items in your cabin as they may become an attraction to insects and other pests. There is no refrigerated storage available in the cabins.

## The Trading Post (Camp Store)

Items such as t-shirts, sweatshirts, stuffed animals, and other souvenirs can be purchased at our Camp Store. Prices range from \$1 to \$45. Snack and beverage items are also available. Cash, Checks, MasterCard, Visa, or Discover will be accepted at our camp store.

## Payment Information

*All payments must be made in US dollars (USD) only.*

### Deposit

Please submit a deposit per registration along with your Group Camp registration form.

### Balance Payments

Please pay the remainder of your balance no later than July 15th.

### Online Payments

Payments may be made using our online service using Visa, MasterCard, American Express, or Discover. Please contact the Administrative Office for details.

### Bank Wire Transfers

Payments (*in USD*) can be made in any amount via bank wire transfer. Camp WeHaKee is not responsible for bank wire fees. Please contact the Administrative Office for details.

# Cancellations & Refunds

## Notification

Please notify the WeHaKee Administrative Offices immediately of any cancellations.

## Full Refund

WeHaKee will immediately refund the full amount if you cannot be placed in the Group Camp program.

## Cancellations Prior to July 1st

A refund will be given minus the per person deposit. All refunds are made in check form at the end of the summer season.

## Cancellations After July 1st

**Behavioral & Other Issues** - WeHaKee will not refund fees if a participant or group arrives late or leaves camp early due to request or behavioral/disciplinary issues.

**Illness/Injury Before Arrival** - WeHaKee will refund the balance of fees paid if participant does not attend camp due to illness, injury, or other circumstances approved by the Directors.

**Illness/Injury While Attending Camp** - WeHaKee will refund a prorated portion of the fees paid if the participant departs due to illness, injury, or other circumstances approved by the Directors.

# Technology & WeHaKee

Consistent with our mission to support a positive community of individuals who share and grow together, WeHaKee chooses to limit the use of electronic devices and other technology, yet embraces such technology when it engages participants and staff together in community life and enhances the welcoming environment that is WeHaKee.

## Email and Internet-Based Communications

Although we discourage frequent use of internet access at WeHaKee, we do recognize that it can be challenging to be away from electronic communications for an extended period. To ensure a high quality community experience at WeHaKee, we ask that internet access be limited to critical or emergency use. When accessed, we ask that it is done discretely, either within your cabin or in the dining lodge area. The remainder of camp is considered an 'Electronics Free Zone'. WiFi is available in limited areas of camp. Please contact the directors for details.

## Telephone and Cell Phones

The WeHaKee staff are very intentional in creating a community environment at WeHaKee. However, cell phone usage can tend to diminish the community feel and is strongly discouraged. If cell phone usage is necessary, participants are asked to conduct cell phone calls in private areas such as in cabins. Please do not use cell phones at meals, during activities, during camp events, or gatherings. Cell phone coverage is limited to non-existent in the Camp WeHaKee area (dependent on the cell provider).

Unless approved by the Directors, participants do not have access to or use of camp phones while attending WeHaKee Group Camp.

# Technology & WeHaKee Continued

## Audio and Video Players and Related Equipment

Again, in our intentional approach to creating community at WeHaKee we ask that participant use of personal audio & video players, gaming devices, etc. be limited to use in private areas (such as cabins).

## Cameras, Video Recorders, and Other Image Capturing Devices

The use of a camera is welcomed as a way for each participant to record experiences while attending WeHaKee Group Camp. Participants are asked to use them in a positive and respectful manner while at camp or participating in camp related events.

*Cameras, Video Recorders, Cell Phones, or any other type of image capturing devices are strictly prohibited in restrooms and/or shower houses at anytime (including the taking of pictures or video from outside these facilities of images within through windows, doors, or other openings). Photos, video, logos, or other images of Camp WeHaKee or its participants cannot be placed on websites, social networking sites (Facebook, Twitter, Pinterest, YouTube, etc.) or other broadcast electronic means. The use of images of Camp WeHaKee participants that are used to intentionally embarrass, threaten, or harm others (emotionally, physically or otherwise) is strictly prohibited.*

## Personal Vehicles

WeHaKee staff will greet you upon your arrival at camp and show you where you can safely park and unload your vehicle. For the safety of all our participants, personal vehicles are not to be driven in camp, parked near cabins, shower-houses, or pool.

If a participant has mobility concerns and needs assistance moving about camp, please contact the directors to make appropriate arrangements. Only WeHaKee authorized personnel are allowed to drive WeHaKee vehicles, including golf carts and utility vehicles.

# Camp Paperwork

Yes, there is a bit of paperwork to complete prior to your group's arrival at camp. But it is all important information that enables us to be prepared for your experience and to ensure a healthy camp community! Please be assured that the information gathered on these forms is for our use only and is never shared with anyone beyond Camp WeHaKee. For assistance as you complete these forms, please contact us at anytime!

## Acceptance/Release & Health Form

A completed Acceptance/Release & Health Form must be submitted for each group member in order to participate in WeHaKee Group Camp. All adults (those 18 years of age and older) must sign this form indicating their informed consent to release camp from liability.

Participants who are under the age of 18 and attend Group Camp with adults who are not their parent or legal guardian, must have an Acceptance/Release & Health Form completed and signed by their respective parent or legal guardian to participate in WeHaKee Group Camp. It is the responsibility of the supervising adult to ensure this documentation is completed and provided to Camp WeHaKee prior to participation at WeHaKee Group Camp.

Please take a moment to read through this WeHaKee Group Camp Guide and discuss this information with each participant. In addition to sharing our policies and procedures, it also details how each participant can be a positive WeHaKee community member and have a great experience! The release portion allows us to obtain permission with regard to several important issues and opportunities at camp. This helps us ensure each participant has a fulfilling, stimulating, and fun growth experience at Camp WeHaKee!

## Expectations at Camp

The community of WeHaKee embraces a respectful, supportive, and inclusive environment where each participant can feel safe and grow. Although all participants are encouraged to express themselves openly and honestly with each other, staff, and all members of the WeHaKee community, a specific level of conduct is expected. To achieve this, we have set the following expectations:

### All members of the WeHaKee community are expected to...

- Treat their peers, WeHaKee participants, staff, volunteers, and camp guests with respect at all times, including the display of respect for another's feelings and privacy.
- Not use obscene or offensive language or gestures at anytime, nor engage in bullying or any other threatening type of behavior towards others at anytime.
- Share disagreements calmly and privately with the person or persons with whom they disagree, seeking assistance from WeHaKee staff when needed.
- Respect the facilities and equipment of Camp WeHaKee at all times by using the facilities and equipment appropriately while avoiding damage or abuse.

If a participant is challenged in meeting the above listed expectations of WeHaKee, the parent/guardian of the participant will be notified and asked for additional assistance in helping the participant make positive choices. In addition, a step-based, respectful approach may also be used to help the participant make appropriate choices. If exhaustive efforts do not succeed, the participant (or group) may be asked to depart from camp.

# Expectations at Camp Continued

**In addition, with regards to still and video images of Camp WeHaKee and its participants, all members of the Camp WeHaKee community will:**

- Take only respectful and appropriate photos and videos of WeHaKee and its participants during their participation at WeHaKee (including off camp activities and transportation to and from camp).
- Understand that photo and video images taken of WeHaKee and its participants are for personal use only. These photos and videos are NOT TO BE POSTED on websites, social networking sites, or other broadcast electronic means at any time.
- Understand that the use of images of WeHaKee participants that are used to intentionally embarrass, threaten, or harm others (emotionally, physically or otherwise) is strictly prohibited.

Those who choose to disregard these provisions regarding the use of photo and video images at anytime may lose their ability to attend WeHaKee in the future. The participant may also be liable if local, state, federal or international regulations have been violated as a result of the use of such images.

**The following choices (below) are considered extremely detrimental and are grounds for the immediate removal of the individual from camp:**

- Possession and/or use of alcoholic beverages, tobacco products, narcotics, illicit drugs, drug-related paraphernalia, and all other controlled substances.
- Possession and/or use of any type of weapon including, but not limited to, guns, knives, and martial arts type weapons, etc.
- Any behavior that seriously compromises the safety and/or well being of any participant, camp staff, volunteer, or guest.

# FAQ's

## Where will our group stay at WeHaKee?

Each group will be assigned to one of our cabins during their stay. If we say so ourselves, we have some of the nicest cabins found at any camp! They have each been remodeled inside and out. They are well lit, well ventilated, and even have a ceiling fan! The main area contains four twin-size bunk beds; enough room for up to eight participants. There's also an adjacent counselor area with two additional twin beds; a little privacy for parents perhaps!

## What about bathroom and shower facilities at WeHaKee?

We have four modern shower houses within a few steps of each cabin. Showers are private and each shower stall has a private individual changing area and are professionally cleaned daily. We recommend each participant bring a pair of shower shoes; flip-flops work well for this!

## What is the weather like at WeHaKee?

It is exceptionally pleasant and comfortable throughout our summer season. Highs generally are in the low 80's (26° C) and evenings may cool into the low 60's or upper 50's (14-16° C). We may see a few days in the 90's (30°+ C) as well as a night or two in the 40's (10° C). June through August is generally dry and sunny, but an occasional shower or storm may occur during your stay at camp.

## What if there is severe weather at WeHaKee?

When storms are anticipated, multiple weather websites are monitored to allow us to have plenty of time to prepare & react. Weather radios are placed in several locations throughout camp. WeHaKee is equipped with several below-ground storm shelters which can easily & safely shelter all of our community when necessary.

## What about bugs at WeHaKee?

Yes, we are in the north woods of Wisconsin so mosquitoes, flies, and other annoying insects can appear. However, camp's location is kept well-groomed, reducing the areas for insects to thrive. In addition, we are located on a ridge allowing us to experience frequent breezes, keeping the bugs away! And the insect population drops off significantly in late July and August. None-the-less, we do recommend that you pack a good repellent spray or lotion for occasional use in the evening.

